

The background is a deep red gradient. On the left and right sides, there are two hanging lanterns each, with a warm orange glow. Above the lanterns, several small white stars are scattered. In the center, the Arabic calligraphy 'رمضان كريم' is written in a large, elegant, golden font.

رمضان كريم

Ramadan Kareem

Ramadan is a time of reflection, devotion, and unity. As millions around the world fast from dawn to sunset, we embrace this month as a chance to strengthen our faith, practice gratitude, and spread kindness.

May this Ramadan bring you peace, blessings, and a renewed spirit of compassion

A gift of goodwill and harmony from UKIM Dawah and Outreach Team

SHARING THE GOODNESS



The Significance of Ramadan

What is Ramadan?

Ramadan is the ninth month of the Islamic lunar calendar and is considered the holiest period for Muslims. It is a time of fasting, prayer, self-reflection, and increased acts of charity. Fasting is observed from **dawn until sunset**, refraining from food, drink, and other physical needs. The fast is broken each evening with **Iftaar**, a meal that often begins with dates and water, just as the Prophet Muhammad (peace be upon him) did.

Why Do Muslims Fast?

Fasting is a deeply spiritual practice that helps:

- ✓ Strengthen self-discipline and patience
- ✓ Increase empathy for those facing hunger and hardship
- ✓ Deepen one's connection with God
- ✓ Encourage acts of kindness and charity

Who is Exempt from Fasting?

Islam recognises individual circumstances and exempts certain people from fasting, including:

- ✓ The elderly
- ✓ Pregnant or nursing mothers
- ✓ Children
- ✓ Those who are unwell or traveling

Ramadan is not just about fasting, it is a month of
Spiritual growth, kindness and giving



Unity Iftaar & Acts of Giving

What is Unity Iftaar?

Unity Iftaar is an initiative dedicated to bringing people together during Ramadan. It promotes understanding, compassion, and community support. By sharing meals and conversations, we create a stronger, more united society that values diversity and mutual respect.

Visit **UnityIftaar.org** to learn how you can take part in our mission of togetherness.

The Spirit of Charity in Ramadan

Ramadan is a time of generosity. Acts of giving include:



Providing meals for those in need



Supporting local community initiatives



Offering kindness to neighbours and friends

Your contribution
no matter how small can make a
positive difference





A Gift for You

A Small Token of Friendship

As a gesture of goodwill, we offer you this fruit basket, symbolising the spirit of sharing and unity. We hope it brings you **joy, nourishment, and a reminder of the values that connect us all** compassion, gratitude, and peace.

May this Ramadan be filled with blessings for you and your loved ones.

Warm regards,

UKIM Dawah and Outreach Team

To learn more about Ramadan and our community efforts, visit UnityIftaar.org

